

February
School Nutrition Director: Brandie Wooten
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TUE	WED	THU	FRI
Student Me Elementary Students: Full-Price Lunch: \$2.00 Reduced-Price Payments can be made in www.lingco	Middle/High Students: Full-Price Lunch: \$2.15 Lunch: \$0.40 cash, check, or online at:	Chicken Sandwich* 1 Lettuce/Tomato/Pickle Sweet Potatoes Baby Carrots w/ Ranch Fruit & Choice of Milk *Mayo/Mustard/Ketchup offered	Cheesy Bites w/ Marinara 2 OR Corndog* Chips Steamed Veggies Fruit & Choice of Milk *Ketchup/Mustard offered
BBQ Sandwich 6 Pickles Fries Baked Beans Fruit & Choice of Milk	Chili & Cheese Nachos 7 Sweet Potato Tots Jalapeno Peppers Corn Fruit & Choice of Milk	Sweet & Sour Chicken 8 Fried Rice Egg Roll Roasted Veggies Fruit & Choice of Milk	Taco Salad: 9 Taco Meat, Tortilla Chips, Lettuce, Tomato, Salsa, & Queso Corn & Black Beans Fruit & Choice of Milk
Cheeseburger* 13 OR Hotdog* Lettuce/Tomato Slaw Fries Fruit & Choice of Milk *Mayo/Ketchup/Mustard offered	Chicken Nuggets* 14 Macaroni & Cheese Okra Fruit & Choice of Milk *BBQ Sauce/Ketchup offered	Grilled Cheese 15 OR Turkey & Cheese Sandwich* Chips Baby Carrots w/ Ranch Fruit & Choice of Milk *Mayo/Mustard offered	Spaghetti w/ Garlic Toast 16 Salad w/ Dressing Corn on the Cob Fruit & Choice of Milk
Meatloaf 20 Roll Mashed Potatoes Green Peas Fruit & Choice of Milk	Chili w/ Fritos 21 Cinnamon Roll Carrots w/ Ranch Fruit & Choice of Milk	Teriyaki Chicken 22 Fried Rice Corn & Black Beans Fruit & Choice of Milk	Pizza 23 Salad w/ Dressing Corn on the Cob Fruit & Choice of Milk
Chicken Alfredo 27 Garlic Bread Salad w/ Dressing Baby Carrots Fruit & Choice of Milk	Chicken Nuggets* 28 Potato Smiles* Broccoli w/ Cheese Fruit & Choice of Milk *BBQ Sauce/Ketchup offered	PB&J w/String Cheese 29 OR Tomato Soup w/ Grilled Cheese Tater Tots* Steamed Veggies Fruit & Choice of Milk *Ketchup offered	
Menu is subject to change without notice. This institution is an equal opportunity provider.		Serving Sizes for Each Menu Item: Vegetables—3/4 cup min Fruit—3/4 cup min Milk—1 cup Meat/Meat Alt.—1 oz min Grain—1 oz min.	